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Beverages, Desserts & Snacks

Here at nutrition services want to provide the best catering experience possible. Please allow us a 7 day notice for catering functions. We are happy to make custom catering menus as well. Pricing for custom orders will differ from printed menu.



Conference Breakfast

\$6 per Person

- Assorted bagels, regular, sweet and savory cream cheese spread
- Assorted Muffins
- Sliced fruit platter
- Orange juice
- Full coffee service

Breakfast Burritos

\$6 per Person

Choice of:

- Eggs, cheese, spiced potatoes
- Chorizo, eggs, cheese spiced potatoes
- Bacon, eggs, cheese spiced potatoes
- Breakfast sausage, eggs, cheese spiced potatoes
- Homemade salsa
- Orange juice
- Full coffee service

Fresh fruit and yogurt Platter

\$5 per Person

- Assorted individual yogurts
- House made granola
- Sliced fruit platter
- Orange juice
- Full coffee service

Classic Breakfast

\$8 per Person

- Scrambled Eggs
- Hash Browns
- Bacon and Sausage
- Warm biscuits with jam
- Sliced fruit platter
- Orange juice
- Full coffee service

Country Breakfast

\$7 per Person

- Warm buttermilk biscuits and sausage gravy
- Scrambled eggs
- Home fries
- Orange juice
- Full coffee service

The Griddle

\$7 per Person

- Buttermilk pancakes or French toast
- Seasonal Fruit Compote
- Butter and syrup
- Sausage
- Bacon
- Sliced fruit platter
- Orange juice
- Full coffee service

Sandwich Board

Minimum of 20 guests, 7 day notice.

Conference Sandwich Lunch

\$7.00 per person

- Sandwich platter (Select four different sandwiches)
- Choose a salad
- Bagged potato chips
- Bottled Water

Boxed Lunch

\$5 per person

- Choice of sandwich
- Bagged potato chips
- Cookie
- Bottled water

Sandwiches

Classics

All served on a soft hoagie roll.

- Turkey and Provolone, lettuce and tomato
- Ham and Swiss, lettuce and tomato
- Roast Beef and Cheddar, lettuce and tomato

New Classics

All served on a soft hoagie roll.

- Italian Favorite, ham, salami, pepperoni, provolone cheese, lettuce, red onion tomato and Italian vinaigrette
- Southwest turkey, avocado spread, pepper jack cheese, lettuce and tomato
- Turkey club, sliced turkey, bacon, cheddar, lettuce and tomato
- Chicken pesto, grilled chicken, basil pesto, provolone and tomato

Salad Sandwiches

- Deviled Egg Salad with mixed greens on a croissant
- Herbed Tuna salad with mixed greens on 9 grain whole wheat
- Classic Chicken Salad with mixed greens on a croissant

Vegetarian Favorites

- Brie, red onion jam and brie on baguette
- Roasted vegetables and hummus on baguette

Salads

- Mixed greens, tomato, red onion, carrot, cucumber, ranch and balsamic dressing.
- Caesar, romaine, parmesan, croutons and creamy Caesar dressing



Buffets

Minimum of 20 guests, 7 day notice.

American Classic

\$15 per person

- Slow Roasted Beef Ribeye
- Rotisserie Style Chicken
- Parslied Red Potatoes
- Roasted Vegetable Medley
- Warm Rolls
- Choice of Caesar salad or mixed green salad with buttermilk ranch dressing

Game Day Buffet

\$8 per Person

- Half bone-in and boneless chicken wings tossed in choice of Buffalo hot or sweet BBQ sauce
- Carrots, celery, ranch and blue cheese for dipping
- Hummus and pita chips

BBQ Bar

\$9 per person

- Choose 3 meats
 - Pulled Pork
 - BBQ glazed chicken drumsticks
 - Sliced Brisket
 - Pork Ribs
- Sweet smoky barbecue sauce
- Picnic potato salad
- Baked beans
- Cornbread
- Choice of Caesar salad or mixed green salad with buttermilk ranch dressing

Grill Bar

\$8 per person

- All-beef hamburgers and hot dogs
- Assorted sliced cheeses
- Platter of lettuce, tomato, thin red onion
- Assorted condiments
- BBQ beans
- Picnic potato salad

Taco Bar

\$8 per Person

- Choice of taco-seasoned beef, adobo chicken or traditional carnitas
- Crisp taco shells and/or soft flour tortillas
- Seasoned pinto beans
- Cilantro-lime rice
- Shredded lettuce, diced tomato, green onion, grated cheddar-jack cheese
- House made salsa and guacamole

Baked Potato Bar

\$6 per person

- Foil wrapped baked Idaho potatoes
- Whipped butter and sour cream
- Real bacon bits
- Green onion
- Roasted Broccoli
- Cheddar Cheese Sauce

Pasta Bar

\$7 per person

- Penne pasta
- Marinara meatballs or Italian meat sauce
- Cheesy chicken Alfredo bake
- Seasoned vegetables
- Garlic breadsticks
- Choice of Caesar salad or mixed green salad with buttermilk ranch dressing

Pizza Party

\$8 per person

- Choose from three pizzas
 - Classic Cheese
 - Pepperoni
 - Meat Lovers
 - Veggie Delight
 - Hawaiian
 - Chicken Bacon Ranch
- Seasoned Vegetables
- Choice of Caesar salad or mixed green salad with buttermilk ranch dressing



Beverage Service
\$2 per person

- Assorted fruit juices
- Bottled water, fresh infused water- choice of citrus ,lemon cucumber, ginger mint
- Regular and decaf coffee and tea, sugar milk, half & half honey, lemon

Desserts

- Pies
\$9 each
Choose from, Dutch apple, cherry, strawberry rhubarb, pecan, banana cream, chocolate cream, lemon meringue, pumpkin
- Fresh Baked Cookies
\$7 dozen
Choose from chocolate chip, chocolate chunk, white chocolate macadamia nut, oatmeal raisin, classic sugar, peanut butter

Snacks
\$4 per person

- Fruit and cheese tray flatbread, crackers
- Crudité platter, herbed cream cheese, hummus
- Bruschetta-Olive Tapenade assorted crisps and flatbreads
- Tortilla chips, salsa and guacamole